



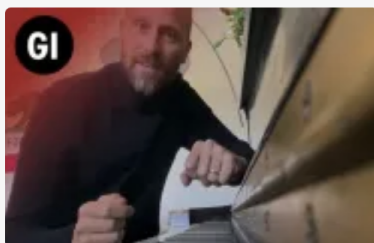
Chord Theory In Five Minutes with Numbers

Anders
Mouridsen



Any Style

BEGIN



This week we'll take a look at basic chord theory on piano. Even if you're not going to play piano, it's always helpful to understand these basics visually like this, as it will prepare you to apply them to the fretboard.

Published: 11/03/2022



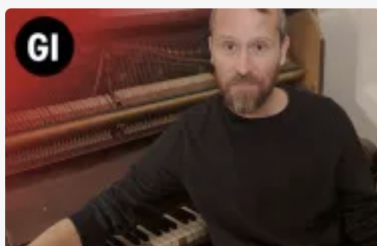
Making Chords In The Key Of C

Anders
Mouridsen



Any Style

BEGIN



A lot of people have asked me about the concept of playing in a certain key, and it's a concept that causes a lot of confusion. To properly understand what this means, we have to start at the beginning where we find some incredibly useful music theory that we're going to explore on my old out-of-tune childhood piano. In the future we'll explore how to use this musically, but understanding the basic theory behind it all...

Published: 12/21/2022



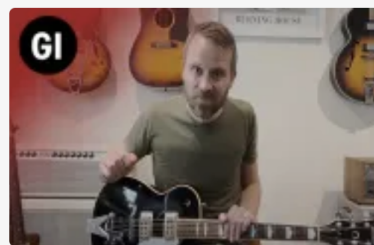
Playing In The Key Of... Part 2

Anders
Mouridsen



Any Style

BEGIN



In this week's episode of Guitar Insider, we'll continue to explore what it means to play 'in the key of something.' We'll take the concepts we broke down on the piano in the earlier lesson called 'Making chords in the key of C' and then we'll transfer that knowledge on to the guitar. We'll talk about how this enables you to write your own chord progressions and explore how it relates to improvising.

Published: 01/11/2023



Playing In The Key Of... Part 3

Anders
Mouridsen



Any Style

BEGIN



Here's this week's episode of Guitar Insider, where we explore a powerful combination of major and minor sounds within one simple lick. These kinds of storytelling concepts can feel a bit abstract at first, but learning to think about your improvisation in terms like these can supercharge your soloing - whether you're just starting out with your first few licks or you're an advanced player.

Published: 01/25/2023



Demystifying Modes: DORIAN



Any Style

BEGIN



This week on Guitar Insider I respond to a multitude of questions about one of the most misunderstood topics in music, which is MODES. Modes are taught and understood in such confusing ways, but if you come at this from a player's perspective they're just variations on the basic minor and major scales. Variations that most often come down to altering one single note within the pattern! These...

Published: 01/03/2024



Demystifying Modes: LYDIAN



Any Style

BEGIN



This week on Guitar Insider I continue on my quest to demystify the often misunderstood and overcomplicated concept of modes. Modes are just alternative scales that can be used to evoke certain emotions - just like the minor, major and blues scale all convey certain moods. Today we explore how a single half-step change within the basic major scale can open up a dreamy and power...

Published: 01/10/2024



Demystifying Modes: MIXOLYDIAN



Any Style

BEGIN



This week on Guitar Insider we explore the simultaneously bluesy and sweet sound of the Mixolydian scale. This is simply a regular major scale, but where the 7th scale degree has been lowered by a half step. Even within the easy one octave pattern we use today you can instantly feel the power of the Mixolydian sound under your fingertips.

Published: 01/18/2024



Seven Magic Notes



Any Style

BEGIN



This week on Insider I explain why I think the CAGED system is sometimes more confusing than helpful, and as an alternative I offer a comprehensive music-focused breakdown of each of the seven notes of the major scale. Understanding how these notes work and how to use them will do more for your musical freedom and abilities than simply learning a bunch of visual patterns and repeating note...

Published: 11/07/2024



Music Theory Birds Eye View



BEGIN



This week on Insider we take a birds eye view of everything I consider useful music theory. You can absolutely learn to make music without understanding theory, but I have always found it extremely interesting and helpful to know why something I learn sounds the way it does. As a musician I rely on this knowledge every day, and as a teacher I spend a lot of time thinking about the ways peopl...

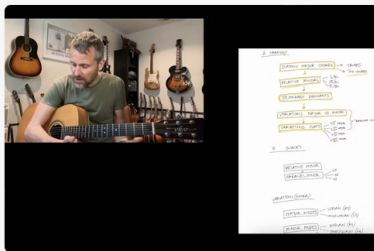
Published: 07/08/2025



Music theory Overview PT2



BEGIN



This week on Insider we continue our birds-eye view of everything I consider to be "functional" music theory. I use that term for all the tools and concepts that will actually help you make and understand music. This is opposed to the more academically oriented approaches you find out there. We have already covered a lot of these topics here on Insider, and if you'd like to dig into some of the ones...

Published: 07/16/2025



Making Chords in a Minor Key



BEGIN



This week on Insider we explore the simple, but powerful building blocks of minor key harmony. This is extremely helpful for writing chord progressions, but also for understanding the harmony in songs you learn. Music - and storytelling in general - is a matter of nailing the balance between tension and release, darkness and light, sadness and hope. Understanding minor harmony with this approach is a...

Published: 08/07/2025



Borrowed Chords



BEGIN



This week on Insider we explore the powerful concept of "borrowed chords". This topic is often overcomplicated and misunderstood, but if you watched last weeks episode on making chords in a minor key it should all make perfect sense after today's episode. The basic idea is that within a major key we can "borrow" chords from the "parallel" minor key. Parallel means that it's the same letter name - for...

Published: 08/14/2025



Relative Minor Major



BEGIN



This week on Insider I respond to quite a few requests for clarification on the whole "relative minor major" concept. This is one of the most useful bits of music theory you will learn on the guitar, because it will enable you to use the same scale pattern - and even most of the same licks - to create both a minor and a major sound. In order to clear up any confusion I will start at the very beginning...

Published: 08/28/2025



Chord Theory on Guitar



BEGIN



This week on Insider I respond to a request from John, who would like to take the knowledge from the video called "Chord Theory in Five Minutes" and adapt it onto the guitar. These two episodes contain some of the most useful theory I have ever learned, which will enable you to understand how chords are created, and subsequently how to modify the chords you already know as well as create you...

Published: 10/02/2025