



CODE 1 - My Most Repeated Piece Of Advice

Anders
Mouridsen



Any Style

BEGIN



This week I'll go over an easy left hand adjustment that can make a world of difference in your playing and also help you avoid a lot of problems. Watch to learn about this trick I call, 'Code 1', and learn about our limited time discount on 1 on 1 private lessons.

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Bending Technique Tips

Anders
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Here's another episode of Guitar Insider, where I answer a request for tips on bending techniques. This is a huge topic that I've often tried to write about in my forum - naturally it's much easier to show, so I'm very happy to be able to make this video on the topic. These tips are useful to both beginners and more advanced players!

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Fingers Vs Pick

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Advice On Barre Chords



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Here's this week's episode of GTI, where I offer some helpful ways to work on your barre-chords. Barre-chords can feel like a barrier for most of us, when we're first starting out, and it's important to remember that you can keep working on your barre-chords while you're exploring a million other things. Barre-chords are important and useful, but they're difficult and hard on the fingers, so it's importa...

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Advice On Barre Chords - Pt. 2



Any Style

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This week on Guitar Insider, I respond to a request for more barre chord tips -- particularly for the A major and A minor shaped barre chords. My tips include stripping down the voicings so you don't actually have to barre, adding open strings, different fingerings, practice tips, and much more. Barre chords are tough, but they're worth the hassle, and in the meantime I'll also offer you a great...

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Dealing With String Noise



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This week on Guitar Insider, I'm responding to countless requests for advice on dealing with unwanted string noise. Some of these issues are easy to fix, some require focused practice and others we're forced to live with.

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Pinky Wrangling



Any Style

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This week on Guitar Insider, I answer a question from Brian about how to get your pinky to join the team and cooperate with your other fingers. We all know how difficult this can be, and seeing many great guitar players play world class music without using their pinky at all doesn't exactly make us want to drop everything and work on it. So today I offer some ways to gently work your pinky into the mi...

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Rhythm and Counting Workout



Any Style

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This week on Guitar Insider I respond to a request from Amir for some tips on counting and understanding the rhythm behind parts you learn. Most of us ignore this element for a while before we realize how important it is. This usually happens when we try to play by ourselves or with someone else and we realize that we've been relying on someone else's rhythm rather than developing our...

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To Look Or Not To Look



Any Style

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This week on Insider I answer a question from Mitch about not looking at the fretboard while you practice. First we talk about the overall merits of that advice and then we explore some fun and useful ways to actually practice without looking at the fretboard, which can be greatly beneficial if you're up for it. Finally I'll show you the exercise that I use and you'll watch me crash and burn my way...

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Standing Up, Posture and Pain



Any Style

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This week on Guitar Insider I answer a question from Joe about how to navigate the difference between sitting down and standing up while practicing and playing. We'll talk about how these decisions affect your playing ability and your confidence while performing, and I offer my best tips. This leads to a discussion of the very important and frequently requested topic of posture as well as deali...

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Pick and Fingers



Any Style

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This week on Guitar Insider I answer a question from Wilson about that subtle right hand move you see guitar players do when they switch between using a pick and fingers. I show how I do it and how most other players do it, and that leads us to a fun exploration of what's known as "hybrid picking" on acoustic guitar. This is a fun way to bridge the gap between fingerpicking and strumming and it can op...

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Right Hand Pitfalls and Rabbit Holes



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This week on Insider we dive deep into the rabbit hole that is right hand picking technique. This is where you most often find the answers to why you keep making the same mistake or can't get a certain lick past a given speed. This is also where you find the key to effortlessly playing really fast.

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Bending With Vibrato



Any Style

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This week on Insider I respond to a question from Garry asking for tips on bending with vibrato. Adding vibrato to our bends is one of the greatest and most vocal-like sounds we can make on the guitar, but it's tricky and something a lot of people struggle with. So I'll offer my best advice using a methodical and patient approach that will get your bends singing with vibrato. The basic idea is to bend...

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Calluses and Harmonized 6ths



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This week on Insider I respond to Dan who is requesting some tips on how to build up your calluses, when you're first starting out on the guitar. There isn't much we can do to speed up that process, but there are important ways we can avoid losing our calluses. I'll share these along with my best tip to avoid kitchen-related injuries that can potentially set back our guitar playing by months. I'll als...

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